



Camp Surefire Summer Packing List

CLOTHING

- | | |
|--|---|
| ☐ Pajamas (2+) | ☐ Sneakers (1-2 pairs) |
| ☐ Socks / Underwear (6+) | ☐ Sandals or Flip flops |
| ☐ Bathing suits (2+) | ☐ Sweatshirts (2) |
| ☐ T-Shirts (6+) | ☐ Jacket (it can get chilly at night!) |
| ☐ Shorts (6+) | ☐ Raincoat or Poncho |
| ☐ Long pants (2+) (it can get cool by the campfire) | ☐ Hat (please LABEL with NAME) |
-

BEDDING & TOWELS

- | | |
|---|---|
| ☐ Pillow(s) | ☐ Face cloth |
| ☐ Fitted twin sheets (1-2) | ☐ Bath towel |
| ☐ Blanket, comforter, or sleeping bag | ☐ Beach towel (please LABEL with NAME) |
| ☐ Mattress pad / chux pads (if needed) | ☐ Laundry bag |
-

TOILETRIES

- | | |
|---|---|
| ☐ Toothbrush / Toothpaste | ☐ Deodorant (if needed) |
| ☐ Body wash | ☐ Other personal care products (as needed) |
| ☐ Shampoo / Conditioner | ☐ *Sunscreen (if brand preference) |
| ☐ Shower shoes (cheap flip flops are great!) | ☐ *Insect Repellant (if brand preference) |
-

ETC

- | | |
|--|---|
| ☐ Water Bottle (please LABEL with NAME) | ☐ Sunglasses (inexpensive ones!!) |
| ☐ Flashlight (please LABEL with NAME) | ☐ Goggles (if desired for pool) |
| ☐ Book / Reading Light (no Kindles) | ☐ Cabin fun (e.g., playing cards, Uno, board game) |

Hats, water bottles, and beach towels are the most likely items to end up in lost and found. Please take time to LABEL these items with your camper's name. Do not send expensive items to camp.

*Camp Surefire will provide sunscreen and bug spray. If your camper has a sensitivity to these products, please pack your preferred brand and hand them off during Med Check-in.



Camp Surefire Summer Packing List

MEDICAL

- | | | |
|--------------------------|---|--|
| ☐ | Prescription medications (in original packaging) | <i>Please pack in Ziploc bag labeled with camper's name</i> |
| ☐ | Test kit (glucometer, test strips, lancets) | <i>Please pack in Ziploc bag labeled with camper's name</i> |
| ☐ | Pump supplies (we don't have extras!) | <i>Please pack in Ziploc bag labeled with camper's name</i> |
| ☐ | Pump charger (including cord and block) | <i>Please label with camper name.</i> |
| ☐ | Omnipod 4-digit code (if applicable) | <i>Please add code to name label on camper cell phone.</i> |
| ☐ | Epi-Pen (please pack 1-2 if required!) | <i>Please pack in Ziploc bag labeled with camper's name</i> |
| ☐ | Immunization record [school form from Pediatrician] | <i>Please email to Ali Fox or bring print out to camp.</i> |
| ☐ | Extra/expired diabetes supplies (if you have them!) | <i>If you have any supplies you are looking to donate, we will arrange to have them sent to Ukraine. Thank you!!</i> |

*** Thanks to our generous donors, you do **NOT** need to pack insulin, glucagon, glucose tabs, or ketone strips for summer camp. ***

CGM

- | | | |
|--------------------------|--|---|
| ☐ | Dexcom username and password | <i>Check-in will be much faster if you have this ready to go!</i> |
| ☐ | Camper cell phone (fully charged upon arrival!) | <i>Please label with camper name.
Remove sign-in passcode from home screen.</i> |
| ☐ | Cell phone charger (including cord and block) | <i>Please label with camper name.</i> |
| ☐ | CGM charger (if using receiver and not cell phone) | <i>Please label with camper name.</i> |
| ☐ | CGM supplies (we don't have extras!) | <i>Please label with camper name.</i> |

Remember: camper cell phones are only for use as receivers and will be held by counselors and throughout the week. Please do not call or text camper phones during camp week, and please ensure no other texting devices (e.g., Apple Watches) are brought to camp.

Please note the following important reminders:

- ☒ No medications are allowed in the cabins (including OTC meds).
- ☒ No electronics (other than T1D related devices/chargers) are allowed at camp.
- ☒ No food is allowed in the cabins. We have campers with severe food allergies. Our amazing dining staff will keep us well fed all week and each cabin will be stocked with appropriate low treatments for overnights.